

Rural Embodiment and Community
Health (REACH) study

Participants Needed!

Research Purpose

This study seeks to help combat health inequities by testing how the environment impacts intestinal health and immune function.

weekdays 9:30am to 3:00pm

August 9th - 25th

140 Cahokia Park Drive,
Cahokia, IL 62206

Who can participate?

- Anyone living in Centreville/Cahokia Heights and East St. Louis
- Must be able to make two visits to 10220 Lincoln Trail, Suite A, Fairview Heights, IL

Participation involves:


- An interview about household resources and health history
- A finger-prick to collect blood to test iron levels, immune markers, and cholesterol/glucose levels
- Stool sample collection and drop-off using provided collection kit

Time & Compensation

- This study will take about 45 minutes per person
- Each participant will receive a \$25 gift card upon study completion



For more information,
contact Dr. Theresa
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 206-890-7440

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