

Acupuncture Massage Headaches For Migraines

According to traditional Chinese medicine (TCM), one of the most common causes of [headaches and migraines](#) is a condition called Liver-qi stagnation. Qi is a vital substance that keeps our organs, muscles, and tissues healthy and nourished. To do this effectively, it must be able to reach every part of our bodies from head to toe.



Acupuncture for Skin Conditions



Acupuncture is a branch of TCM which uses fine needles to restore balance to the body's systems, maintain health and treat disease.

Acupuncture has been shown to help with many of the factors that contribute to skin conditions.

Acupuncture has the following benefits for your skin:

- Reduces inflammation
- Improves circulation
- Regulates hormone levels
- Balances the immune system
- Relieves stress

Massage for Fertility Support



If you are looking for help to conceive naturally, or want to increase your chances of a successful IVF cycle, tui na massage could help. Because this type of massage can improve circulation to your ovaries and uterus, it can help to assist conception and prepare your body for a healthy pregnancy. Tui na is also extremely relaxing and can help to relieve the stress that so often comes hand in hand with [fertility issues](#).



Cosmetic Acupuncture Treatments Do I Need?

If you are looking for dramatic changes to your appearance that happen overnight, cosmetic acupuncture may not be for you. However, if you are looking for a treatment which is safe, natural, and subtle, it may be worth a try. And as an added bonus, [cosmetic acupuncture](#) could leave you feeling fabulous too!



Contact Us on The Given Information

- **Website** : <https://www.cityacu.net/>
- **Contact no:** [\(212\)513-0437](tel:(212)513-0437)
- **Address** : 139 Fulton Street #208 New York, NY – 10038
- **Facebook** : <https://www.youtube.com/user/CityAcupunctureNY>
- **Youtube** : <https://www.facebook.com/cityacupuncture/>