

Ladakh – A Pleasurable Location For Trekking Enthusiasts

Ladakh is a beautiful land which grabs the admiration of every adventure enthusiast **planning a trip to India**. It is perhaps a heaven for those who wish to indulge in raw experiences amidst abundance of nature. With activities like mountain climbing on challenging terrains, motor biking on snaky roads, safaris to unknown places and water rafting in foaming rivers, Ladakh has become a prominent holiday destination today. This splendid part of the state of Jammu & Kashmir is located at a height of 2750 - 7672 meters above sea level. Being blessed with enough hilly terrain, rocky cliffs, lush green grasslands and sky kissing peaks, Ladakh has become a dream holiday spot for trekking buffs.

Lamayuru to Darcha Trek

This one of the best **places to visit in Leh & Ladakh** offers connectivity with the stunning Zaskar Valley. The sights of numerous monasteries sprinkled in small villages are common yet fascinating here. Being home to various amazing terrains, this trek gives immense pleasure to veteran adventure lovers.

The trek is located at a height of 5000 m and can be visited during the months of July to September.

Ripchar Valley Trek

Located near the Lamayuru monastery, Ripchar Valley Trek is the most stimulating trek of Ladakh. The trek is nestled with number of mountains like Zaskar and Karakoram offering stunning views of the Great Himalayas. During the months of July and August, the trek gets blanketed with thousands of vibrant flowers which make the place look like a painting from bird's eye view. This trek takes you to some most astonishing regions and ends at Chilling, known for the production of copper.

The trek is located at a height of 4300 m and can be visited during the months of June to September.

Lamayuru Stok Kangri

One name which always adorns the list of most gorgeous and mesmerizing peaks of Ladakh is the Stok Kangri. Though the climb to this peak is not difficult, trekkers undergo a special training to know some important rules of trekking. As you reach to the summit, the sights of the surrounding areas make you forget all the tiredness and you explore a whole new façade of nature.

The trek is located at a height of 6150 m and can be visited during the months of Mid-June to September.

Markha Valley Trek

For the worshippers of Mother Nature, Markha Valley trek is a living dream. This oasis of beauty and peace takes you to some magnificent landscapes where trekking gives a sense of freedom. The region is dotted with many antiquated villages, monasteries and the famous Hemis National Park known for its incredible biodiversity.

The trek is located at a height of 3700 m and can be visited during the months of June to September.

Chadar: The Frozen River Trek

The beautiful Zanskar Lake turns into a frozen land during the winter months. It is the time when the temperatures of the region fall to minus degree centigrade and it becomes a perfect place to partake in some daring trekking activities. The experience of walking over the icy glaciers and frozen streams is both appealing and frightening.

The trek is located at a height of 3850 m and can be visited during the months of Mid-January to February.