

Steeping Your E-Juice

What is steeping?

Steeping is the process in which all the flavours, Vegetable Glycerin (VG), Propylene Glycol (PG) & Nicotine blend together. Steeping means you allow a bottle of e-juice to age or mature in the bottle. Majority of natural and artificial flavours contain natural alcohols or solvents. These alcohols/solvents are necessary for the flavour to form its taste. These alcohols/solvents are safe to eat, drink, or vape. However these can sometimes cause a harsh taste allowing your e-juice to steep helps these alcohols/solvents to either evaporate or chemically break down and become infused within the e-juice and actually enhance the taste. Steeping in short helps the e-juice become less harsh, lets all the different flavour compounds be tasted and will improve the all round taste plus the colour of the e-juice may change

Do all e-juice require steeping?

There is an argument on this subject, some vapers will say yes and some will say no. It all does depend on the flavour profile and how complex it is. The more complex the flavour profile then the longer the steep it may need to taste the full flavour profile however some people cannot taste the difference between an e-juice vaped straight after mixing and one after a 2 week steep. Taste buds are different for everyone so this argument is subjective however please note mixing an e-juice using high VG will mean that your Nicotine could rise to the top of your bottle so you will need to allow time for shaking the bottle at regular intervals

What flavours really need time to steep?

Dessert flavour concentrates including cakes, custards, donuts, creams etc usually will require a steeping period as explained above this will help the full flavour profile to be tasted

What is "shake and vape"?

This term refers to simply mixing an e-juice, shaking the contents and vaping straight away. This term also means that the e-juice usually won't change in taste or improve in taste after steeping. This is usually true for fruit and menthol e-juice

How long is the steeping process?

This is dependent on the method of steeping you choose however usually it is a minimum of 5 days and a maximum of 2 weeks

What methods can I use to steep my e-juice?

Warm Bath Method

- 0 This method is quite simply, fill a bowl with luke warm-hot water and allow your e-juice bottle to sit in the bath for up to 30 minutes

- 1 Shake bottle and repeat as many times as you wish

UV Light

- 2 This method requires buying a UV light box and putting your e-juice in the box to allow the light to shine on it
- 3 You can keep this in there as long as you want and repeat as many times as you wish

Shaking & lid off in a dark cupboard (1)

- 4 This is one of the most common methods and has the most positive feedback
- 5 Shake the bottle lightly for 1-2 minutes, don't overshake, avoid creating too many bubbles. This is the only time you shake the e-juice
- 6 Remove the lid and let the bottle sit in a dark place such as a cupboard please make sure the e-juice is away from children & pets. Do not shake again as this will stop the natural alcohols and solvents from rising to the top of the liquid and then stop them from evaporating
- 7 Let the e-juice sit for 24 hours and every few hours give the bottle a light squeeze to get all of the air out of the e-juice (without squeezing any juice out). The more times this is done the better but do not get too worried about it
- 8 Put the lid back on and let it sit for two days in the same place
- 9 You can keep repeating this method until you are happy with the colour change and/or smell of the e-juice. Please note after 2 weeks you won't really notice much difference

Shaking & lid off, placed on a sunbathed window sill (2)

- 10 Repeat the same steps as above but instead of placing the e-juice into a dark cupboard place it on a window sill where direct sunlight will shine on the e-juice

Shaking & lid on in a dark cupboard (3)

- 11 Repeat the steps in the first method however do not leave the lid off at all even after squeezing the air out of the e-juice simply place the lid back on

Shaking & lid on, placed on a sunbathed window sill (4)

- 12 Repeat the steps in the first method however do not leave the lid off even after squeezing the air out of the e-juice simply place the lid back on. Instead of placing the e-juice into a dark cupboard place it on a window sill where direct sunlight will shine on the e-juice

Ultrasonic Cleaner

- 13 You can buy different variations of these machines but basically what they essentially do is give your e-juice a warm bath while vibrating
- 14 Secure your e-juice bottle lids to make sure there is no spillage, place them in the

- cleaner (some people secure the e-juice bottles in place by using elastic bands)
- 15 Follow the instructions from the Ultrasonic Cleaner manufacturer on how much water to add to the machine and what different cycle and settings are available to you
 - 16 You can keep repeating this method until you are happy with the colour change and/or smell of the e-juice

You can always mix and match with these methods and find which one works best for you.
Please note we do not endorse any bought steeping equipment and do not guarantee they work quicker or better