

October 2020

Breakfast Menu

I  SCHOOL BREAKFAST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Cheese Omelet Upstate Farms® Yogurt Choice Apple Sauce Milk	2 Cinnamon Breakfast Bread Fresh Banana Milk	3
4	5 Assorted Muffins Organic Stonyfield® Yogurt Apple Sauce Fresh Fruit	6 Egg and Cheese on a Soft Roll Sliced Peaches Milk	7 Pillsbury® Mini Maple Pancakes Assorted Cheese Sticks Diced Pears Milk	8 Cheese Omelet Upstate Farms® Yogurt Choice Apple Sauce Milk	9 Sweet Potato Oatmeal Muffin Fresh Banana Milk	10
11	12 Assorted Loaves Upstate Farms® Yogurt Choice Apple Sauce Fresh Fruit	13 Egg and Cheese on a Soft Roll Sliced Peaches Milk	14 Cinnamon Burst Pancakes Served with Syrup Assorted Cheese Sticks Diced Pears Milk	15 Cheese Omelet Upstate Farms® Yogurt Choice Apple Sauce Milk	16 Pillsbury® Mini Blueberry Waffles Fresh Banana Milk	17
18	19 Assorted Muffins Upstate Farms® Yogurt Choice Apple Sauce Fresh Fruit	20 Egg and Cheese on a Soft Roll Sliced Peaches Milk	21 Buttermilk Pancakes Served with Syrup Assorted Cheese Sticks Diced Pears Milk	22 Cheese Omelet Upstate Farms® Yogurt Choice Apple Sauce Milk	23 Cinnamon Breakfast Bread Fresh Banana Milk	24
25	26 Assorted Muffins Organic Stonyfield® Yogurt Apple Sauce Fresh Fruit	27 Egg and Cheese on a Soft Roll Sliced Peaches Milk	28 Pillsbury® Mini Maple Pancakes Assorted Cheese Sticks Diced Pears Milk	29 Cheese Omelet Upstate Farms® Yogurt Choice Apple Sauce Milk	30 Sweet Potato Oatmeal Muffin Fresh Banana Milk	31

October 2020

Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

