

## Day 1

My heart said of you, “Go, worship him.” So, I come to worship you, LORD. –Psalm 27:8

### **Spending Time with Jesus**

God created us with love and so we could get to know Him in a perfect world. He walked with Adam and Eve, He relished in the Sabbath days to spend time with them teaching them and showing them His wonderful plans, He had for them. Unfortunately sin soon found its way into this world through Satan and Adam and Eve were separated from God, no longer able to walk and talk with Him as you and I do face to face. Since then no one has been able to walk with God. But God, in His loving grace couldn't stand being apart from us like that so He sent Jesus to live among the world. Jesus soon was walking and talking with anyone who would accept Him and want to listen to Him. Again though, because of sin, we again had to be separated from Jesus.

The good news is, though, because God and Jesus loved spending time with us they made a way possible that we could still have them in our lives. When we come to accept Jesus and what He has taught we are given the Holy Spirit in us. It is with the Holy Spirit we are led to do good, we are inspired to read the Bible, and we are able to pray with Jesus who is our open communication to God. We can have a church where once again we can spend the Sabbath with Jesus, gain greater understanding and wisdom and learn more of what God wants us to learn of His plans for us.

All we must do is spend time with Jesus. He is always here waiting and ready to speak with us, share with us, help us, and provide for us. So how do we spend time with Jesus? We pray, we read the Bible, we talk about Jesus with others, we listen, and we find places to spend time with Him at church, on walks, in our homes. Just as you enjoy spending time with your family and friends, you can enjoy spending time with Jesus and He wants you to spend time with Him. He was part of the plan in creating you and you are His family and He longs to be able to share with you as you do your earthly family. So today how about finding some time to spend with Jesus.

## Day 2

Seek first God's kingdom and what God wants. Then all your other needs will be met as well. –Matthew 6:33

### **Let Jesus Prioritize Your Day**

As humans we like control and one way is by controlling our days and schedules. We know what's important and what we need to get done and when. So, its hard imaging allowing someone else take that control. The problem with setting our day our all by ourselves is that we find ourselves stressed, forgetful, and if things don't go as planned, a little irritable.

So why not allow Jesus to prioritize our day. He knows our needs, He knows what needs to get done each day in our lives and He only has our best interest in mind. When Jesus helps us through our day, He will make sure the people that need our witness will come across our path and those who will only cause us headache will stay away. Yes, there still will be those irritating coworkers or the boss might drive you crazy, but Jesus knows what you can handle and not handle.

Letting Jesus prioritize your day doesn't mean you won't get what you want done, He's just there to help you realize what is more important and what can wait. Your stresses and frustrations can be a lot less when you allow Jesus to help and not try to do it all by yourself. And knowing Jesus is with you can help lighten your steps and your load.

There is a prayer I like to say in my mornings. It might not always be word for word, but it helps me know that Jesus is by my side and that together we can tackle the day ahead of us. It goes like this ‘

## Day 3

Do not worry about anything, but pray and ask God for everything you need, always giving thanks. –Philippians 4:6

### **Pray Instead of Worrying**

We worry about what others think of us. We worry about our relationships with the one we're dating or married to. We worry about our kids. We worry about our job and all the bills that seem to pile up. No matter who you are everyone deals with worry in their lives. Some people every day, others have days of peace and hope which quickly can turn to worry. The problem with worrying all the time is that we begin to get worry lines and it's not good for our health. Also, when we worry, we are not putting our faith in Jesus.

Jesus has told us not to worry He's got everything under control. First, we are far more important to Him than the birds and lilies and He takes care of them (Matthew 6:25-34). Jeremiah 29:11 tells us not to worry because Jesus already has the future planned. How great is that! Before we wake up in the morning the Lord already knows all that will happen to us. Not just for that day but He already knows how our future will unwind. Sure, He allows some road blocks to come our way and we will see hurt and heartache, but He is still by our side helping us through them. All we have to do is pray for His protection and guidance and have faith He will take care of the rest.

Yes, this is hard to do but just try it one day. Give your worries to God and be calm He has it under control. And a month, a year from now you will wonder why you worried in the first place. Try to think of something that had you so worried in the past and see how it all worked out and try to remember why you were worried compared to something you worry about now. Jesus says don't worry just pray, give it to Him and He will take care of it the way He knows is best for us.

## Day 4

“Humble yourself in the Lord’s presence, and he will honor you.”

-James 4:10

### **Be Honest About Your Sins**

Remember no one is free from sin. No one has not sinned, and no one goes a day without sin. Sin is who we are, we are all born sinful. Does that mean we can’t rise above sin, no. But we cannot without the help of Jesus. The first step that needs to be taken is having to be honest about your sins. Big sins are easy to be honest about; lies, stealing, cheating, cursing the Lord or using His name in vain. But there are the little sins too. Oh, but you say you watch yourself and you know if and when you sin. Have you ever told a little white lie to get out of something? Have you ever tweaked something just slightly to put yourself, your finances, your family in a better position? Let’s dig a little deeper. Have you had hurtful thoughts about another person who has upset you? Have you talked bad about a family member, church members, coworkers because you were upset with them. Are you one that likes to spread gossip? Have you allowed yourself to be tempted to watch something, try something, or be somewhere you know you shouldn’t be even when you’ve heard that little voice inside you tell you it was wrong?

Daniel knew he was a sinner and knew he had to daily ask forgiveness for his sins. When we start being honest about our big and little sins, seek forgiveness and try daily to do better then the day before we can grow closer to Jesus and those sinful tendencies become less appealing and we are filled with a will to be better and do better. The Bible says in 2 Corinthians 3:18 that what we behold we become changed. So, by watching, doing, acting the things of this world we become more like the world but when we set our minds on Jesus and spend time with Him we are changed more like Him. Remember to always be honest with your sins daily.