



NECESSITY IS THE MOTHER OF INVENTION

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HOW I DISCOVERED ESSENTIAL OILS?

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One of the most disruptive aspects of Secondary Immunodeficiency Disease is the frequent challenge with bronchitis, upper respiratory distress. But we have found significant relief and a new pathway to deal with this thanks to essential oils (EO).

They say that necessity is the mother of invention, archaic, yes, but applied often to the human experience.

Thus, it is my pleasure to admit that my recent introduction and use of ESSENTIAL OILs (EO) comes as a result of and in relief of my chronic bouts of bronchitis this last winter and spring.

Although I have been in MCL (blastoid type) remission since 2010 following an allogeneic SCT (unrelated donor) and had a brief relapse two years post the transplant in 2007 (DX in 2006), I am diagnosed with Secondary Immunodeficiency Disease due to the long-term chemotherapy and treatment with Rituxan during chemo and post.

Hence, I am in need of immunoglobulin (IVIG) treatment about every two-three months. Some who live with my same DX and history have IVIGs more frequently and some less. While I have asked here before, I am seeking current updates from any who choose to share about possible homeopathic or alternative treatments designed to boost the immune system for patients of our type. Thank you. If you don't want to respond publicly, write to me privately.

A secondary immune deficiency disease occurs when the immune system is compromised due to an environmental factor. Examples of these outside forces include HIV, chemotherapy, severe burns or malnutrition.

According to one trusted source, "You could say that essential oils (EO) are an

extension of the earth's and sun's powers. Plants take in the light of the sun and minerals of the earth and transform them into healing medicines – nature's medicines – Essential Oils. Only certain plants possess the ability to manufacture these fragrance molecules, and each individual aromatic plant may contain dozens, even as many as one hundred of these powerful molecules. It's these molecules, or combination of a variety of molecules, that make up a plant's unique fragrance. The oldest cultures of this world valued the therapeutic benefits of oils derived out of herbs. The ancient Vedic literature of India and the historical texts of Chinese medicine have documented the importance of aromatic oils for health and spirituality."

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Essential oils for Bronchitis <http://bit.ly/2xaqjgT>

- Eucalyptus essential oil (Most Recommended) Over the years, eucalyptus essential oil has been effective in treatment and management of colds and flu as well as bronchitis. ... <http://bit.ly/2s5Q3oO>
- Tea tree oil. ... <http://bit.ly/2xbo8th>
- Peppermint oil. ... <http://bit.ly/2s5Q9wG>
- Oregano oil. ... <http://bit.ly/2xjJaGv>
- Lavender essential oils. ... <http://bit.ly/2seObKG>
- Rosemary essential oil. ... <http://bit.ly/2x9nrkm>
- Clove Essential Oil. ... <http://bit.ly/2seOKEi>

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BRONCHITIS MEETS A MATCH

NATURAL WAYS TO BOOST THE IMMUNE SYSTEM

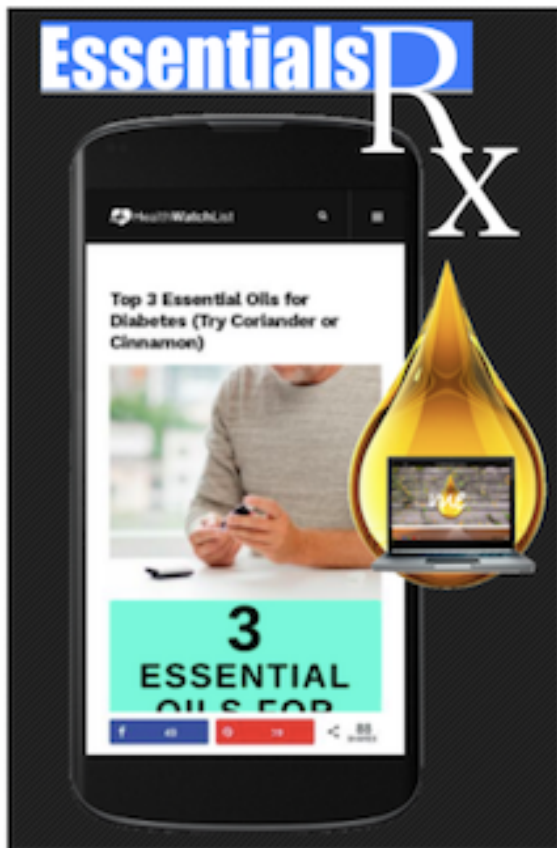
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