

Terms, Conditions and Disclaimer
Tribute Run in commemoration of the day of the defenders
of Freedom of Lithuania “Road of Life and Death”
8 January 2023, Queen Elizabeth Olympic Park

It is 9km, non-competitive run without obstacles laid out on the public pathways of Queen Elizabeth Olympic Park, 1A Honour Lea Ave, London E20 1DY.

- Please assess your capabilities and running the distance (If you have doubts about your health, be sure to consult your family doctor before running). Choose appropriate clothing and footwear (The event will take place in cold weather).
- 10:00 am. - 10:45 a.m. registration of all participants.
- 10:50 a.m. - minute of silence for the fallen defenders of the freedom of Lithuania and Ukraine. The National Anthems of the UK and the Republic of Lithuania
- 11:00 am - Start of the run.
- The organizers of the event will facilitate a bag drop space to store items that are not needed during the run.
- Refreshments (water, tea and snacks) will be available at the Start/Finish location (there will be no refreshment points on the running track).

By signing in the event registration journal, I acknowledge that participation in the Tribute Run in Commemoration of the day of the defenders of Freedom of Lithuania “Road of Life and Death”, taking place on 08/01/2023, involves potentially dangerous physical activity and carries with it inherent risks and dangers which cannot be eliminated completely, which may include accidents, personal injury (ranging from minor discomfort to catastrophic injuries and death) and loss or damage to property due to falls, obstacles, contact with other participants, the acts and/or omissions of other participants, the effects of weather and the conditions of any road.

I understand and by signing in the event registration journal, I agree that I participate in the event entirely at my own risk and that no responsibility whatsoever shall attach to event organizers for any injury, accidents, loss or damage suffered by me in, or by reason of the event, however such may be caused.

By signing in the event registration journal, I confirm that I am healthy and fit to run, I understand and have considered and evaluated the nature, scope and extent of the risks involved and have voluntarily and freely chosen to assume all risks associated with participating in the Run.

Event Organizers.