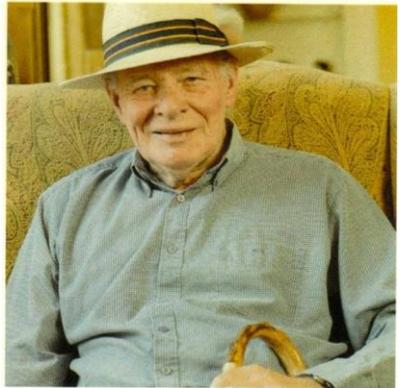
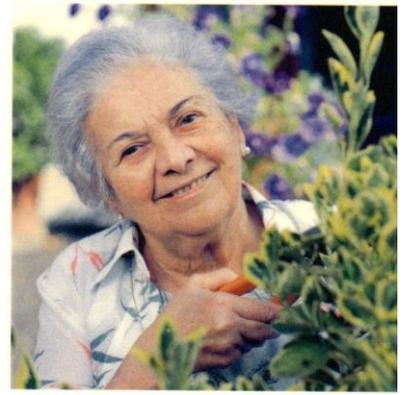


St Georges

care home



Beccles, Suffolk, NR34 9YQ

Making a difference

Setting the standard for care

At St Georges we do things a little differently than most other care homes.

We believe this is your home and we would like you to treat it exactly like home. There are no fixed visiting hours so friends and family can come and see you as usual.

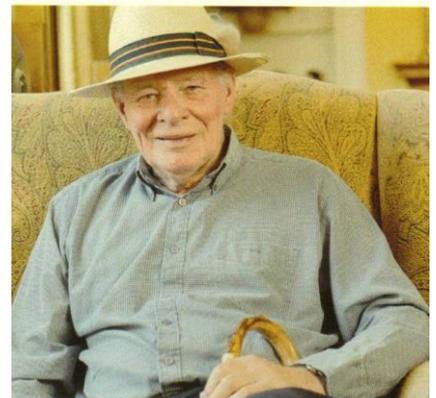
Our residents decide what to do and when to do it, just as they would at home, and when some help, support and care is needed, that's fine too.

St Georges is a purpose built care home registered for 35 elderly residents and offers residential and dementia care. St Georges has been built to a high standard with great care taken to ensure it is a lovely home.

At St Georges each of our residents are registered at the local practice where their own doctor will come to visit them in the home.

We welcome both long and short-term residents and offer respite care.

“When I arrived I was made to feel welcome straight away. Everyone is so supportive and friendly - it's just like being surrounded by my own friends”



Choosing the right home



Being able to offer residential and dementia care, St Georges is able to meet your changing needs as they arise, to ensure your long-term peace of mind.

Making the right choice is essential when selecting a home and there are many factors to consider. But at the end of the day, what's important is for you to feel 'at home' in comfortable surroundings and to be confident in the professionally-structured care.



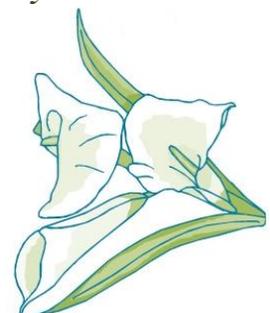
Often we feel most at home with our personal belongings around us, so at St Georges we invite you to bring small items of furniture, ornaments, pictures, photographs and special mementos to make it your home.

You will have your own spacious suite with en-suite facilities and we will do everything possible to make sure you feel at home and happy.

On arrival at St Georges we will introduce you to our team of staff and there will be someone to assist you whilst you settle in. You will also be welcome to hold a tea party. This is an opportunity to invite family and friends to see your new home – rather like a house-warming.



“Soon after arriving, my daughter and her family came to help me celebrate my birthday and stayed for tea. A beautiful birthday cake had been prepared by the team of staff. My grandchildren thought it was wonderful and asked if they could come to stay”



St Georges – a real community

Our aim is that you will be able to do just about everything you enjoyed at home and if you would like to, a little more.

Many of our residents find they can rekindle old hobbies and interests with the help of our Activities Co-ordinator.

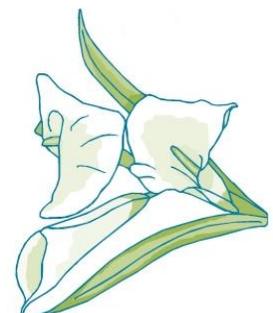
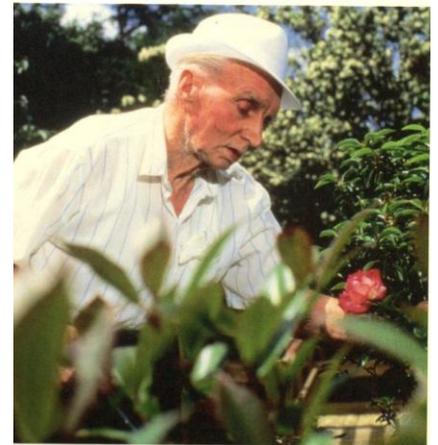
Gardening is a pastime enjoyed by many of our residents and some have taken up new activities.

Our Activities Co-ordinator ensures that there is always something of interest going on.

Just how involved you want to be is entirely up to you, and for those who prefer, it is always possible to find a quiet spot to read a good book, listen to music, or simply relax in the garden.

Some of our residents are regular churchgoers and we have a regular service at St Georges with our local chaplain, for all denominations.

“The gardens are a delight and I have spent many happy hours enjoying the lovely plants and shrubs, not to mention the birds and butterflies they attract”



A little bit of what you fancy!



Just imagine a little bit of what you fancy, prepared by our homes catering staff, who delight in seeing residents really enjoy their food.

Our homemade dishes are made using fresh fruit and vegetables, and naturally the manager would be happy to discuss any special dietary requirements.

Each day we serve morning coffee with biscuits and afternoon tea with delicious homemade cakes. Snacks too are available during the day.



We don't expect residents always to eat in the dining room. Breakfast in bed may be an irresistible way to start the day, or on fine days, dining outside in the garden may be your preference. It's your choice.

It is important for everyone to keep in touch with their family and friends, and you are welcome to invite your visitors to St Georges. On special occasions and for more intimate gatherings, catering can be arranged for you to host a small luncheon or dinner.



A team that really cares

The homely feel at St Georges is nurtured by our staff. Our team have been carefully selected not only for their professional ability, but also because of their dedication and commitment to making a difference by helping everyone in the home to have a happy and fulfilling life.

Our team of Carers provide 24-hour, round-the-clock care and support for each resident according to their individual needs.

We look beyond age and see a lifetime of experience, knowledge and memories which can be shared and cherished within the community of St Georges



Living with Dementia

- A guide for relatives

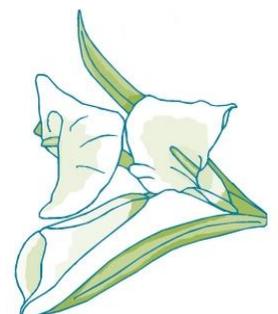
At St Georges we are dedicated to older people who are living with dementia. Our team of staff are very experienced in helping residents get the most out of life and feel totally at home in a warm, understanding, safe and caring environment.

We are highly skilled in caring for older people living with the experience of dementia and helping them to feel safe, happy and part of the community at St Georges.

You may have wondered how it is that your relative can remember so vividly what happened years ago, what they were doing, how they felt at the time and what they were excited about, yet they may struggle to remember what happened only a few hours ago.

Through training and many years' experience we know how to respond and are able to help each and every one of our residents to feel comfortable with their thoughts and feelings whilst gently stimulating their thought process with dedicated activities.

By getting to know each resident well, we find ways to enable them to have enjoyable days which include favourite activities. Each resident will have their own personal care plan which will not only look at their care, nutrition and hydration needs, but also their personal likes and dislikes and the things that make them feel good.



We will involve immediate family, relatives and friends when deciding on the best care plan and at the same time our dedicated team can provide help, support and understanding for everyone trying to deal with the effect that dementia can have on someone they are close to.

We provide gentle prompts to help with short-term memory loss. We believe the memories, experiences and stories we hear about life sometimes fifty or sixty years ago, often with amazing clarity like it was yesterday, are priceless. We also consider it to be an honour to share these memories and to work with our residents.

The team of staff are all trained in mental health and the success of our approach can be only truly experienced with a resident joins us at St Georges.

We understand how difficult it can be caring for someone living with the experience of dementia at home and it is our aim to make St Georges feel like home as quickly as possible. Residents are encouraged to bring pictures, photographs, ornaments and small items of furniture to make their room feel like home. There are no fixed visiting hours so you are welcome to visit just as you would have done before.

St Georges can provide just about all the benefits of living at home but with a few extras that can make a world of difference to the quality of life for people living with the experience of dementia.



The next step

Our brochure can only provide a flavour of everything St Georges has to offer. To fully appreciate the warm, friendly and caring atmosphere of our home, we invite you, your relatives and friends to visit us at any time and as often as you wish before making your choice.

If you would like to contact us before your visit with any questions you may have, please call us on 01502 716700



We look forward to welcoming you when you visit St Georges where it will be our pleasure to personally show you around.



St Georges

care home

St Georges Care Home
St Georges Road, Beccles Suffolk NR34 9YQ
Tel: 01502 716700 Fax: 01502 710228

www.stgeorgescarehome.org